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| https://mlsvc01-prod.s3.amazonaws.com/a8f71b39301/a6f32c07-354f-4314-b8e6-1dce767ebc33.jpg**Give yourself a spring into a healthy lifestyle holistically.** **Nurture your mind, body and spirit to take charge of your health, happiness and home.****Marienthal Country Inn****5107 Langford Road****Eden, NY 14057****April 24-25, 2015 (limited overnight spaces available)****Day only session, Saturday, April 25, 2015 11-4pm** |

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| https://origin.ih.constantcontact.com/fs101/1114874412938/img/9.jpg**Enjoy the day event on Saturday ($5 presale), or treat yourself to a relaxing Friday night getaway.  Manage your stress and experience Marienthal Country Inn's comforting surroundings.  $125 (double occupancy)  includes overnight accommodations, evening and morning yoga classes & meditation sessions with Denise Skora, a healthy dinner and breakfast in the morning, a smoothie treat and presentation by Denise, and participation in the Saturday afternoon event.  Massage and spa services are available ala cart.****Overnight Price: $125Saturday event 11-4pm: $5presale/$7.50 at the door** |

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| [**Join us! Click for DAY ONLY tickets**](http://r20.rs6.net/tn.jsp?e=0018BI6cB0B4Jku7xZOT-AmaE_3wXHGGXP0JkhhU8pFGVaVubnrxMJ-6SAmdFtEXoIrca4hdHLbAQsyZdLg2npp2Q0A-ZFGhEEL3GzNdcnjvdmsRVfG-PiVzG0MYtsH9b7Ap9FVHxUJN9fd8S58Xqwmj69giS2TKD2I1Qf5Wc7SJlDENCYdlh0VtQ==)$5[**Reserve your OVERNIGHT stay by clicking here**](http://r20.rs6.net/tn.jsp?e=0018BI6cB0B4Jku7xZOT-AmaE_3wXHGGXP0JkhhU8pFGVaVubnrxMJ-6SAmdFtEXoIrca4hdHLbAQsRZn7zo9NLmU-5QBUIw-sIla9iZZcGcKkxtW1EOKJNmXNr732Z0KxR8bsCrchH-1A=) $125Call today 716-337-0160 or email MarienthalCountryInn@gmail.com for more information |

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| **Saturday's session11-4pm presentations, giveaways, mini spa services and vendor tables.    Learn about healthy eating, massage therapy, reflexology, Young Living Essential Oils, benefits of Sprouting, USANA vitamins, yoga (with a demo on hand and foot yoga), Chemical Free Living, personal trainers and chiropractic care to just name a few.......** |
| **$5.00 presale$7.50 at the doorLunch available**[**Click here for DAY PASS presale tickets**](http://r20.rs6.net/tn.jsp?e=0018BI6cB0B4Jku7xZOT-AmaE_3wXHGGXP0JkhhU8pFGVaVubnrxMJ-6SAmdFtEXoIrca4hdHLbAQsRZn7zo9NLmU-5QBUIw-sIuK1TfLNnV2IGwHjNjQCYCQs3PoB5RLUcP_weMahoptQ=)[**Click here for OVERNIGHT reservations**](http://r20.rs6.net/tn.jsp?e=0018BI6cB0B4Jku7xZOT-AmaE_3wXHGGXP0JkhhU8pFGVaVubnrxMJ-6SAmdFtEXoIrca4hdHLbAQsRZn7zo9NLmU-5QBUIw-sIla9iZZcGcKkxtW1EOKJNmXNr732Z0KxR8bsCrchH-1A=) |
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